

Quality of Life committee, November 29, 2023

PRESENT: Tistrya Houghtling, Danielle Kuffel, Melba Kurman, Sharon Powers

Absent: Kyle Kuffel

Meeting called to order: 9:37am. A quorum is present.

MSC: To approve the minutes from the September 29 and October 27 Quality of Life meetings was made by Tistrya Houghtling and approved by Danielle Kuffel. Motion carries

Health & Wellness Fair

We made a slight change to the poster asking for vendors – changing Saturday to Sunday and it has been distributed and posted on Facebook.

Sharon distributed a list of vendors who have signed on and a suggested floor plan for tables

Details of the fair:

Our committee will setup the tables at 9:00am according to the floor plan Sharon presented, with modifications as needed, including using the recessed section up front for tables

Tistrya Houghtling will bring bottled water, hot tea & coffee

Melba Kurman will bring some individually wrapped snacks

Danielle Kuffel will link her phone to Tistrya's sound system to pipe in meditative music

Vendors can come at 10 to setup

Additionally:

Tistrya Houghtling will check with Wellness Rx if they want to sell items there

Tistrya will contact Linda Hursa and see if she wants to have a table – if not, perhaps Blaine Darcy

Sharon will go to the craft fair at WBH and see if there are any potential vendors there – if so, she will invite them

Tistrya will ask Darryl Pucciarello if he wants a table to sell/display his healthy dog treats

Sharon will reach out to Ellen Ann Kafkalas & Rita Carver to see if Green Womxn wants a table

Sharon will reach out to the massage person to see if she wants to bring her chair and give massages

Promotion:

Send to Grow the Valley

Get info to seniors

Post on Facebook – everyone ask their friends to please come

Maybe LVCC?

MSC: to adjourn the meeting at 10:20 was made by Tistrya and seconded by Danielle Kuffel. Motion approved.

Next meeting: December 29 (but possibly moved to January)

Respectfully submitted,

Sharon Powers