

**Quality of Life Committee, Town of New Lebanon  
Minutes for monthly meeting held at Town Hall  
September 27, 2022**

**Present:** Marianna Anthonisen, Sharon Powers and Erminia Rasmussen

Meeting was called to order at 4:01 pm by Sharon Powers.

Minutes of the August 23 meeting could not be approved because we did not have a quorum.

There was a discussion in regard to moving the meeting to a different time as 4pm is becoming difficult for many members. A few ideas were suggested for different times and day of the month. It was decided that these would be the next meeting times until the end of December. Oct. 28, 2022 9am, December 2, 2022 9:30 am and December 30, 2022 9:30 am.

Discussion continued on the Comprehensive Action Plans for the Quality of Life committee. For Action Plan #1 (see below) the committee asked for a six month extension to submit and action plan and conceptual framework to the TB.

**Comp Plan Action Item**

#1: Housing - the TB will form a working group to examine what other towns are doing to accommodate the needs of older residents and to retain/attract younger individuals and families. This step was completed when the TB created the QOL committee and tasked them at this action item. The working group (QOL committee) will submit an action plan and conceptual framework to the TB for approval by 12/22.

It's necessary to also find out who the future county housing coordinator will be and schedule a meeting with him/her.

It was suggested that each member create a conceptual framework suggestion, following State and County guidelines, and bring to the Oct. 28 meeting for discussion.

Erminia suggested that someone from zoning, like Cissy or Jeff, attend some of our meetings as needed.

For Plan Action #2 (see below). It was suggested that Erminia be the Health and Wellness coordinator. She accepted the role but will be voted in at the October 28. Some of the ideas discussed for this were:

1. Create a Health and Wellness section in the town's newsletter and publish relevant information.
2. Erminia suggested creating a link on the Town's website. Such a link, "Health and Wellness" would be placed under the "Community Links" tab. As information is gathered Erminia would send the information to Marcie to upload so that the information to the residents is always current.

Comp Plan Action Item #2: The TB will form a Health and Wellness committee whose purpose is to improve information disbursement to residents. This task is officially complete as the TB formed the QOL committee and tasked them at this. I am not sure why this task didn't have a follow up deadline for the committee to provide something to the TB, however I would still like to track our progress here and give ourselves a deadline on when we should complete this task.

Healthcare: It was suggested that Bob continue talks with his friend David in regards to the Berkshire Health System interest in having a clinic/access in New Lebanon.

It was also suggested that the Healthcare Assessment Plan should include neighboring towns since they all have the same needs. It was suggested that Tistrya talk to other town supervisors to see if there is an interest in creating a Mobile Healthcare unit.

At the next meeting there should be a discussion about using some of the ARPA money towards Health e.g., Yoga, Meditation and Zumba classes. Erminia will reach out to a yoga and meditation instructor in New Lebanon for info and costs.

Next meeting scheduled for Oct. 28, 9am at town hall.

Meeting was adjourned at 5:23 pm.

Respectfully submitted: Erminia Rasmussen